

## **CHESHIRE EAST HEALTH AND WELLBEING BOARD NHS HEALTH CHECKS PROGRAMME BRIEFING**

### **1. Purpose**

To brief the Health and Wellbeing Board on recent developments with the implementation of NHS Health Check Programme by Public Health in Cheshire East Council.

### **2. Programme Overview**

The NHS Health Check programme is a national risk assessment and risk management programme aimed at preventing heart disease, stroke, diabetes and kidney disease. Checks are offered every five years to adults aged 40 to 74, who have not previously been diagnosed with one of these, or certain associated conditions.

### **3. Commissioning Body**

With effect from 1<sup>st</sup> April 2013, the responsibility for commissioning the checks transferred from the Primary Care Trust to Public Health in the Local Authority, where it is a mandated function for Cheshire East Council. It is funded from the Public Health ring fenced budget.

### **4. Cheshire East Programme - Eligible Cohort**

- Approx. 104,000 people in Cheshire East are eligible for a check.
- Approx. 20,800 people will be offered a check per year, over a five-year rolling programme.
- Approx. 16,500 checks will be commissioned per year, assuming an 80% uptake rate.

### **5. National/Local Performance**

- DH National Target: To offer 20% of the eligible population a NHS Health Check, with at least 10% of the eligible population taking up the check.
- Local Performance 2011/12: 9.55% offers and 8.1% taking up the check.

### **6. Mandated Service**

The local programme is being implemented in line with the statutory regulations. Arrangements are in place to ensure the LA can provide a check for all eligible patients in Cheshire East, to whom an offer is made. The implementation of the new delivery model and local Communications Strategy will enable continuous improvement in the percentage of eligible people participating in the health checks as required in the statutory regulations.

### **7. Cheshire East Delivery Model**

The delivery model includes:

- The national basic check for the assessment and management of cardiovascular disease.
- Expansion of the national check to include pathways to reduce alcohol consumption and raise awareness of dementia – as per national directive.
- The basic check has been further expanded to include local pathways to address cancer screening/awareness, falls prevention, improving mental wellbeing, and increasing uptake of the influenza vaccine.
- The implementation of a local IT solution to enable centralised data extraction, support by Public Health for call and recall, and robust outcomes monitoring, to include outcomes achieved in modifying lifestyles and associated risk factors.

The delivery model will allow Public Health to:

- Obtain value for money, by making the best use of the resources available for the delivery of the NHS Health Check, in order to achieve the desired output and maximise the benefits achieved for patients from attending a check.

- Use resources more effectively to target invitations and to deliver appropriately tailored marketing campaigns across Cheshire East.
- To commission the delivery of tailored checks to meet the wider health needs of the Cheshire East population.
- To obtain robust data to inform commissioning decisions.
- To quality assure the programme.

### **8. Commissioning Model**

- General Practices in Cheshire East have been commissioned to deliver the programme as the mainstream provider from 1<sup>st</sup> April 2013.
- Programme data will be used to inform the commissioning of a wider range of providers and services in the future, to allow outreach provision in hard to reach populations. As existing legislation currently prevents the necessary data flow to ensure a robust programme can be delivered by external providers, this is subject to the outcome of a national review on the balance between protecting patient information and its sharing, to improve patient care.

### **9. Stakeholder Engagement/Support**

- The Local Medical Committee has given its support for the delivery model.
- NHS Eastern Cheshire CCG and NHS South Cheshire CCG have been consulted in the development of the delivery model. Meetings have taken place with the Business Managers at both CCGs and Public Health has attended GP Locality Meetings/Membership Council Meetings in the East and South to share the plans for the NHS Health Checks Programme for 2013/14.
- The revised contract (LES) for 2013/14 has been sent to GPs. Practices have been asked to choose a level of Data Sharing and Public Health support they would like to receive to support delivery of the programme.

### **10. Public Health and Partnership Working Across Cheshire East Council**

- Communications and Marketing – supporting Public Health with the development and delivery of a Communications Strategy to promote the programme to service providers and the general public. A survey has been undertaken with GPs and a 67% response rate received to understand how practices would like to market the programme to patients and the support/resources required from Public Health.
- Adult Health and Social Care - supporting Public Health with the development and delivery of an NHS Health Check Training Programme aimed at providers, to ensure patient equity in terms of programme delivery and outcomes. The development of a web based training tool with accreditation is being explored.
- Web Team - supporting the development of NHS Health Checks pages for the general public and signposting materials/referral information for providers, on the Cheshire East Council website.
- ICT Commissioning Team - supporting the implementation of the IT solution.

### **11. Programme Opportunities/Plans**

- To utilise the programme to address a wider range of Adult Health and Social Care indicators and bring together work from across a range of directorates in the council.
- A modelling exercise has been undertaken to demonstrate the potential increase in demand on existing lifestyle services in Cheshire East. This information will be used to inform discussions regarding future commissioning decisions with colleagues in Cheshire East Council to ensure service provision meets patient need.

## APPENDIX ONE

- The transfer of the programme to Cheshire East Council brings with it many opportunities for a range of Local Authority led services e.g. leisure services, to be involved in the programmes delivery. This will be explored further as the delivery model is rolled out.